

# Rotary Club of Belvedere Gardens Calcutta

CLUB NO. 31255

RI DIST 3290



## Fragrance सुशब्

R.I.THEME 2009-10

Rtn John Kenny  
RI President 2009-10

Rtn Utpal Majumdar  
Dist. Governor 2009-10

Rtn Debajit Choudhury  
President 2009-10

Rtn Kishore Butta  
Secretary 2009-10

PRtn Alope Dey  
Editor

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MEETS EVERY SUNDAY : THE ASTOR HOTEL AT 11.00 AM

DATED 20TH DEC. 2009

### A BRIEF REPORT

Rotary Club of Belvedere Gardens Calcutta in association with "Basto Federation" had organized on 13th December, 2009 an Eye Check up & Subsidised Spectacles distribution camp, where 3 doctors had treated 120 patients. 63 cases of subsidized Spectacles were registered along with 16 recommendations for Cataract operation. Club will take responsible for operation for IOL.

### GLIMSES OF EYE CHECK UP & SUBSIDISED SPECTACLES DISTRIBUTION CAMP ON 13TH DECEMBER, 2009



## **MIRACLES OF THE FOUNDATION -- DRFC PDG RAVI SEHGAL**

Jhuma and Moloy would have to trudge along the slush & muddy path messing up their shoes & dress before reaching their school each morning. The only place where they could play with their ball was at the school compound in the short recess. Within a year a miracle happened the road was metalled, a side drain came by and the road was all lit up in the night. Jhuma & Moloy now walk with dignity to their school, have ample time to play near their own house and no longer have to feel ashamed with soiled shoes or socks. Rotary Club of Belur, Dist 3290 and clubs of Dist 7410 took up the project in the Bhagarbasti, Liluah where in the words of Rtn Tom Kurosky "no one would dare enter the area because of the slush, garbage, smell and nuisance". In October this year, when Tom came as an observer on behalf of his district, he was taken aback at the organized road and the widespread awareness of Rotary's good work done God's work done!

Yes my friends! This is but one of the miracles in our District Ask the Rotary Clubs of Budge Budge, Hooghly, Purulia and Sunderbans about how the elderly come & receive a new vision a new life in their hospitals. Ask Rotary Club of Metropolitan at how the inhabitants of the four villages have been transformed into citizens with dignity, with living standards that they could only dream of. Ask the Rotary Clubs of Nepal about the sparkle in the eyes of the patients who receive free orthopaedic treatment, eye care or cancer cure. The story goes on and on and the gravitational force behind all this, my friends, is The Rotary Foundation a silent force, a pro-active energy that provides impetus to the Rotary movement. Come November and we give a special salute to this wonderful Foundation a Rotary Salam.

Past Rotary International President Bill Boyd's visit to our District was very motivational and we saw the formation of Paul Harris Society members a group that commits to give individually a \$1000 per year and there were 25 such dedicated Rotarians who stepped forward. We witnessed the commitments of the Major Donors and the Paul Harris Fellows and as I write today over \$ 200,000 have poured into the Foundation's Bowl this year. PDG Tehmas Manekshaw and President Dr. Aruna Tantia deserve kudos for being the first ones to build the Foundation contributions. Isn't it so much of a pleasure witnessing Rotarians pour out their heart for a cause empty their pockets to strengthen the Foundation our very base to reach out to the needy.

In October end we had the good fortune of having Past R I President Raja Saboo at Kathmandu, Nepal at The Foundation Seminar and Rajaji moved the Rotarians, touched them deep inside and we saw the miracle of the Foundation in Rotarians giving and pledging over \$ 118,000. The Law of Pure Potentiality was proven the strength of our organization comes from the inner consciousness of individual Rotarians who seek expression to manifest that which is potential. In doing so, my friends, we align ourselves with that POWER, that God which makes world the place which Nature set out to make peaceful, serene and a temple of Sharing and Giving. Nature has its own laws and the law of giving are so strongly prevalent around us in Nature. Be it a tree giving oxygen, moisture, fruits, wood and the shade protection on a hot day or be it a river giving life to water beings and the daily living means to many Nature believes in the cycle of giving and with giving comes the automatic receiving.

In the words of the Management guru Deepak Chopra "The UNIVERSE operates through dynamic exchange....giving and receiving are different aspects of the flow of energy in the Universe. And in our willingness to give that which we seek. we keep the abundance of the Universe circulating in our lives"

Peace, Love and Happiness all these three facets are received by us only if we give to others and the more we give the more we get. So it is with Wealth Yes! Fellow Rotarians enjoy all that you dreamed of and begin with giving to let the laws of Nature do miracles on you too. Come Share the World of those who see God within you, who consider you as that boatman who will take them past their woes 'be a lighthouse in their lives 'show the world that we Rotarians can Lead the Way. A small contribution from you dear Rotarians will go a long way to establish peace and understanding in our society in our world .

### **Obligation of a Rotarian towards Club**

1. Involvement (Participation) in Club and Community.
2. Taking responsibilities (Leadership) as asked by the President.
3. Learning (Rotary information and promotion).
4. Resource mobilization.
5. Time and Energy to serve the club and community.
6. Furthering the foundation.
7. Introduction of new members to club.
8. Never say no to serve.
9. Paying the club dues in time.
10. Contribution to Rotary Foundation.

### **Pledge of a Rotarian**

1. To attend meetings regularly.
2. To pay dues promptly.
3. To do your part when called upon.
4. To be a leader in all endeavours social, civic and national which make for human betterment.

### **A TOAST!**

As we all know in Rotary 'Fellowship' is a must and what makes it more interesting and attractive is 'House of Friendship'. But do we all know what affects how drunk we get? Here we go:  
When you have been drinking, your blood and alcohol concentration depends upon how much you have drunk and how quickly you drank it. Other factors that affect concentration are:

#### ***Your Size***

If you are small, your blood volume is much less than that of someone who is larger. You are, therefore, likely to be affected more by the same amount of alcohol than someone much larger than you.

#### ***Your Water level***

If you are dehydrated, alcohol will have a much greater effect than if your body's water concentration is normal. This is why drinking alcohol in the summer or after exercise will affect you more.

#### ***Your Gender***

Women are generally smaller than men and they also have proportionately less body water. Therefore, they are more easily affected by alcohol.

#### ***The amount of Food in your Stomach***

If you drink one unit of alcohol on an empty stomach, almost all the alcohol will be absorbed within an hour. However, if there is food in your stomach this process will be slowed down, and the alcohol will reach your brain and other parts of your body more slowly.